



**UBC®** *Rapid*  
For Bladder Cancer detection

**UBC<sup>®</sup> Rapid** is becoming the preferred state of art IVD, enabling both advanced and convenient testing as well as risk stratification.



## UBC<sup>®</sup> Rapid

### For Bladder Cancer detection

**UBC<sup>®</sup> Rapid** is a powerful diagnostic parameter in primary diagnosis and follow-up of bladder cancer, especially for non-invasive high-grade tumours and tumours in situ (CIS). **UBC<sup>®</sup> Rapid** performs better than urine cytology due to improved sensitivity and the combination of **UBC<sup>®</sup> Rapid** and cytology enables detection of additional tumors as opposed to cytology alone. One clear advantage is that a test can be performed immediately and the result will be available during the patient visit.

#### Background Bladder Cancer

Bladder cancer is a common cancer in men and women worldwide and transitional cell carcinoma (TCC) comprises up to 90% of all primary bladder tumors. The risk of developing bladder cancer is three to four times higher in men than in women and it increases with smoking, exposure of industrial chemicals and other carcinogens. At presentation more than 70% are non-muscle invasive bladder cancer, but the recurrence rate is high and therefore many patients progress to muscle invasive bladder cancer or metastatic disease.

The most common methods for detection of bladder cancer and for the assessment of recurrence are cystoscopy and urine cytology. Cystoscopy may cause pain and discomfort in patients and in cases with small tumors or carcinoma in situ, a diagnosis is not readily performed. Urine cytology, a non-invasive urine test, is often used as an adjunct to cystoscopy. However, even if cytology has the advantage of high specificity its sensitivity varies considerably.

To overcome such shortcomings of the existing diagnostic methods for bladder cancer, urine tumor markers are available. One interesting possibility is the measuring of cytokeratin fragment in urine, since elevated amounts

of cytokeratin fragments are present in the urine of many individuals with bladder cancer, even at early stages of the disease.

#### Cytokeratins

In conditions of high cellular turnover, such as cancer, cytokeratins are released from the epithelial cells and can be detected in blood or urine. At present more than 20 different cytokeratins have been identified, of which cytokeratin 8 and 18 are some of the most abundant in simple epithelial cells. The cytokeratin pattern is usually preserved during the transformation of normal cells into malignant cells.

#### UBC<sup>®</sup> Rapid

**UBC<sup>®</sup> Rapid** is a point-of-care (POC) test that specifically measures soluble fragments of cytokeratin 8 and 18 in urine samples. **UBC<sup>®</sup> Rapid** shall be used for quantitative determination in combination with a POC-reader.

#### UBC<sup>®</sup> Rapid works in haematuria

**UBC<sup>®</sup> Rapid** has the advantage of not being sensitive to blood contamination in the urine – haematuria, which is a common symptom of bladder cancer (Lüdecke et al 2012)<sup>4</sup>.



#### High sensitivity for CIS

The performance of the **UBC<sup>®</sup> Rapid** POC test platform was further evaluated in a multicenter study (Ecke et al 2015)<sup>6</sup>. Subanalysis of patients with cancer in situ demonstrated a very high diagnostic sensitivity (87%) for this aggressive form of bladder cancer that is also difficult to detect with cystoscopy. **UBC<sup>®</sup> Rapid** also showed a high diagnostic sensitivity for non-invasive high-grade tumours (71%). It was concluded that **UBC<sup>®</sup> Rapid** should be added in the diagnostics for cancer in situ and non-invasive high-grade tumors. (Ecke et al, 2017)<sup>7</sup>

#### The first quantitative POC test platform for Bladder Cancer — UBC<sup>®</sup> Rapid.

Ritter et al<sup>5</sup> performed the first clinical evaluation of **UBC<sup>®</sup> Rapid** on a POC test platform. The study showed that quantitative results provide higher reproducibility and enable improved risk stratification compared with simple dichotomized POC test results, see table below. The accuracy of the POC test platform is at least equivalent to ELISA in

bladder cancer patients (see table below). **UBC<sup>®</sup> Rapid** detects more patients with bladder cancer than NMP22<sup>®</sup> or cytology. Combining cytology with **UBC<sup>®</sup> Rapid** yielded a sensitivity of 88% for detection of bladder cancer in high risk patients. **UBC<sup>®</sup> Rapid** might be used as an adjunct to cystoscopy and cytology in laboratory independent settings.

#### Comparison of UBC<sup>®</sup> Rapid (qualitative determination), UBC<sup>®</sup> Rapid (quantitative determination) UBC<sup>®</sup> ELISA, NMP22<sup>®</sup> BladderChek<sup>®</sup> and cytology.

	Sensitivity	Specificity	PPV	NPV
<b>UBC<sup>®</sup> Rapid Quantitative determination</b>	60.7 %	70.1 %	46.8 %	79,3 %
<b>UBC<sup>®</sup> ELISA</b>	48,3 %	71,3 %	42,7 %	75,8 %
<b>NMP22<sup>®</sup> BladderChek<sup>®</sup></b>	16,4 %	95,3 %	62,5 %	70,5 %
<b>Cytology</b>	*51,7 %	78,1 %	51,7 %	78,1 %

**198 high risk patients (haematuria or irritative voiding syndromes) were included in the study; 61 patients clinically confirmed bladder cancer patients.**

## At a glance

### UBC<sup>®</sup> Rapid - For Bladder Cancer detection

- The only quantitative POC test platform for urine based detection of bladder cancer.
- Easy and rapid to perform – result within 10 minutes
- Works in haematuria
- **UBC<sup>®</sup>** also available as ELISA/IRMA

#### References:

1. Mian C., et al. Comparison of two qualitative assays the UBC<sup>®</sup> Rapid test and the BTA Stat test, in the diagnosis of urothelial cell carcinoma of the bladder. Urology 2000;56:228-231.
2. Giannopoulos A., et al. Comparative evaluation of the diagnostic performance of the BTA Stat test, NMP22 and Urinary Bladder Cancer antigen for primary and recurrent bladder tumors. J Urol 2001;166:470-475.
3. Hakenberg O.W., et al. Qualitative and quantitative assessment of urinary cytokeratin 8 and 18 fragments compared with voided urine cytology in diagnosis of bladder carcinoma. Urology 2004;64:1121-1126.
4. Lüdecke G., et al. Comparative analysis of sensitivity to blood in the urine for urine-based point-of-care assays (UBC<sup>®</sup> Rapid, NMP22 BladderChek and BTA-stat) in primary diagnosis of bladder carcinoma. Interference of blood on the result of urine-based POC tests. Anticancer Res 2012;32:2015-2018
5. Ritter R., et al. Evaluation of a new quantitative point-of-care test platform for urine-based detection of bladder cancer. Urol Oncology. 2014; 32:337-344.
6. Ecke T., et al. Preliminary results of a multicentre-study of the UBC<sup>®</sup> Rapid for detection of urinary bladder cancer. Anticancer research 2015; 35:2651-2656.
7. Ecke T. et al. UBC<sup>®</sup> Rapid Test for detection of carcinoma in situ (CIS) in urinary bladder cancer accepted for publ. in Tumor Biology 2017.

Diagnostic tools for reliable patient management.

Oncology

TPS<sup>®</sup> UBC<sup>®</sup> TPAcyk<sup>™</sup> MonoTotal<sup>®</sup>

Bacteriology

TUBEX<sup>®</sup> TF TUBEX<sup>®</sup> WASH BUFFER

IDL Biotech is certified according to ISO 9001:2008 and EN ISO 13485:2012

